

Department of Sports

A REPORT ON

Yoga and Meditation Training


Date: 01-08-2017 to 07-08-2017

Place: Auditorium Hall

Name of the Event: Yoga and Meditation Training

Activity Report: Yoga and Meditation were held at Karnatak Arts Science and Commerce College, Bidar. This event was hosted and conducted in our college Auditorium Hall. It was organized by the Department of Sports from date 01-08-2017 to 07-08-2017 from 7:30 AM to 8:30 AM. A total of **122** students participated from different streams of KASCC, Bidar in that from B.Sc – 42, B.A – 40 and B.Com – 40 students have actively participated with full of energetic contributions to make the Yoga Training a great success. By Yoga daily students can obtain a better immune system, thus a healthier body.




Karnatak **PRINCIPAL**
Arts, Sci. & Com. College
BIDAR-585401

**K.R.E. SOCIETY'S
KARNATAK ARTS, SCIENCE AND COMMERCE COLLEGE, BIDAR**

**Department of Sports
Attendance Sheet 2017-18**



Event: Yoga Training

Date: 01-08-2017 to 07-08-2017.

S. no	Name of the student	Class	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
01	Ashok Mallechi	BA	Ans	Ans	Ans	Ans	Ans	Ans
02	Vijaylaxmi Tukaram	BA	vijal	vijal		vijal	vijal	vijal
03	Ambika Subhash	BA	Sub	Sub	Sub		Sub	
04	Peetar Devidas	BA	Peetar	Peetar	Peetar	Peetar	Peetar	Peetar
05	Mahesh Manik	BA	Mahesh	Mahesh	Mahesh	Mahesh	Mahesh	Mahesh
06	Swati Rajkumar	BA	Swati	Swati	Swati	Swati	Swati	Swati
07	Pralhad Raju	BA	Pralhad	Pralhad	Pralhad	Pralhad	Pralhad	Pralhad
08	Rahul Shivram	BA	Rahul		Rahul	Rahul	Rahul	Rahul
09	Ranjeta Nagappa	BA	Ranjeta	Ranjeta	Ranjeta	Ranjeta	Ranjeta	
10	Kavya Rajkumar	BA	Kavya		Kavya	Kavya	Kavya	Kavya
11	Shobha Gundappa	BA	Shobha	Shobha	Shobha		Shobha	Shobha
12	Saraswati Govind	BA	Saraswati	Saraswati	Saraswati	Saraswati	Saraswati	Saraswati
13	Sachin Suryakanth	BA	Sachin	Sachin	Sachin	Sachin	Sachin	Sachin
14	Anuradha Tukaram	BA	Anuradha	Anuradha	Anuradha	Anuradha	Anuradha	Anuradha
15	Jagadevi Narasappa	11	Jagadevi	Jagadevi	Jagadevi	Jagadevi	Jagadevi	Jagadevi
16	Gurunath Tarasingh	11	Gurunath	Gurunath		Gurunath	Gurunath	Gurunath
17	Malashree Marutteppa	11	Malashree	Malashree	Malashree	Malashree	Malashree	Malashree
18	Narasgond RajGond	11	Narasgond	Narasgond	Narasgond	Narasgond	Narasgond	Narasgond
19	Shadul Muqtasab	11	Shadul		Shadul	Shadul	Shadul	Shadul
20	Taibheem omkar	11	Taibheem	Taibheem	Taibheem	Taibheem	Taibheem	Taibheem

W. J. Kumar

Physical Director
Physical Director
KASCC, BIDAR

[Signature]
Principal

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S. no	Name of the student	Class	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
21	FasaNaaz MD Gause	BA	Fmly	Rmly	Pmly	Amly	Fmly	Fmly
22	Renuka Blimscha	"	Rbly	Rb	Rb	Rbly	Rbly	Rb
23	shanthamma Amruth	"	Saly	Saly	Saly	Saly	Saly	Saly
24	Rasika Mauik	"	Rasika	Rasika	Rasika	Rasika		Rasika
25	Ravikumar Blimsingh	"	Rb	Rb	Rb	Rb	Rb	Rb
26	Ritika shorath prasad	"	lul	lul	lul	lul	lul	lul
27	priyadarshini prakash	"	Rmly	Rmly	Rmly	Rmly	Rmly	Rmly
28	Mohd Fashan.	"	Fahad	Fahad	Fahad	Fahad		Fahad
29	Rajnikanth Hanamant	"	Rajnik	Rajnik	Rajnik	Rajnik	Rajnik	Rajnik
30	Nikita Hanamant	"	Nika	Nika	Nika	Nika	Nika	Nika
31	Sainath chandrashekar	"	Sg	Sg	Sg	Sg	Sg	Sg
32	Mary Ramesh	"	Mary	Mary	Mary	Mary	Mary	Mary
33	Chandrasakanth	"	cky	cky	cky	cky	cky	cky
34	Petra Gundappa	"	Su	Su	Su	Su	Su	Su
35	Basawaraj Subash	"	Bw	Bw	Bw	Bw	Bw	Bw
36	Mahananda Manikappa	"	Mm	Mm	Mm	Mm	Mm	Mm
37	Ganapathi Gurusunath	"	Ganap	Ganap	Ganap	Ganap	Ganap	Ganap
38	Deepika sharmukayya	"	Ds	Ds	Ds	Ds	Ds	Ds
39	Sudhasani shripathi	"	Sas	Sas	Sas	Sas	Sas	Sas
40	Pooja Sangappa	"	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja

W. B. M.

Physical Director
Physical Director
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[Signature]

Principal
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Department of Sports
Attendance Sheet 2017-18

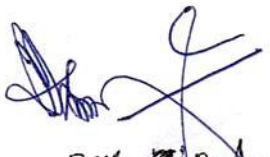


Event: Yoga Training

Date: 01/08/2017 to 07/08/2017.

S. no	Name of the student	Class	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
01	vishal prahad	B.com	Vishal	Vishal	Vishal	Vishal	Vishal	Vishal
02	pradeep Ashok	B.com	pradeep	pradeep	pradeep	pradeep	pradeep	pradeep
03	Vishal Shivraj	B.com	Vishal	Vishal	Vishal	Vishal	Vishal	Vishal
04	Sushmita vajjindh	B.com	Sushmita	Sushmita	Sushmita	Sushmita	Sushmita	Sushmita
05	Ashwary Malikaam	11	Ashwary	Ashwary	Ashwary	Ashwary	Ashwary	Ashwary
06	Shrikant ShamRao	11	Shrikant	Shrikant	Shrikant	Shrikant	Shrikant	Shrikant
07	Savan yeshappa.	B.com	Savan	Savan	Savan	Savan	Savan	Savan
08	Santoshkumar.S.	11	Santosh	Santosh	Santosh	Santosh	Santosh	Santosh
09	chandricanth Swam	11	chandricanth	chandricanth	chandricanth	chandricanth	chandricanth	chandricanth
10	Gadavasi Shivraj	11	Gadavasi	Gadavasi	Gadavasi	Gadavasi	Gadavasi	Gadavasi
11	Kollenor pooja.	B.com	Kollenor	Kollenor	Kollenor	Kollenor	Kollenor	Kollenor
12	Sudharani Nagagoda	11	Sudharani	Sudharani	Sudharani	Sudharani	Sudharani	Sudharani
13	Kirana Rajkumar	11	Kirana	Kirana	Kirana	Kirana	Kirana	Kirana
14	Priyanka pawar	B.com	Priyanka	Priyanka	Priyanka	Priyanka	Priyanka	Priyanka
15	Roshan Ramdas	R.B.com	Roshan	Roshan	Roshan	Roshan	Roshan	Roshan
16	chetana Shanker	11	chetana	chetana	chetana	chetana	chetana	chetana
17	prateem	B.com	prateem	prateem	prateem	prateem	prateem	prateem
18	Ambika TippANA	11	Ambika	Ambika	Ambika	Ambika	Ambika	Ambika
19	Saubhagya Rajkumar	11	Saubhagya	Saubhagya	Saubhagya	Saubhagya	Saubhagya	Saubhagya
20	Kiran Shivkumar	11	Kiran	Kiran	Kiran	Kiran	Kiran	Kiran

W. S. Srinivas
 Physical Director
Physical Director
KASCC, BIDAR


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Department of Sports
Attendance Sheet 2017-18



Event: Yoga Training

Date: 01/08/2017 to 21/8/17

S. no	Name of the student	Class	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
21	Aishwarya B.	B.com	ABW	ABW	ABW	ABW	ABW	ABW
22	Ashwini Jagannath	B.Com	Ashni	Ashni	Ashni	Ashni	Ashni	Ashni
23	Ambika Ashok	"	Ambika	Ambika	Ambika	Ambika	Ambika	Ambika
24	U Rmila Sajane	B.com	URM	URM	URM	URM	URM	URM
25	Vaibhav Huresker	"	Vaibh	Vaibh	Vaibh	Vaibh	Vaibh	Vaibh
26	Sujata Rajkumar	"	Sujata	Sujata	Sujata	Sujata	Sujata	Sujata
27	Sangamesh.	"	Sangamesh	Sangamesh	Sangamesh	Sangamesh	Sangamesh	Sangamesh
28	Arun Anil.	B.com	Arun	Arun	Arun	Arun	Arun	Arun
29	md MUJeeb.	"	Mdun	Mdun	Mdun	Mdun	Mdun	Mdun
30	Basappa vaijappa.	"	Basappa	Basappa	Basappa	Basappa	Basappa	Basappa
31	omkar Kamshetty	"	omkar	omkar	omkar	omkar	omkar	omkar
32	Sujatha Sundraj.	"	Sujatha	Sujatha	Sujatha	Sujatha	Sujatha	Sujatha
33	Ramesh Baswaraj	"	Ramesh	Ramesh	Ramesh	Ramesh	Ramesh	Ramesh
34	Geeta Nagesh	"	Geeta	Geeta	Geeta	Geeta	Geeta	Geeta
35	Nagesh Gundappa	B.com	Nagesh	Nagesh	Nagesh	Nagesh	Nagesh	Nagesh
36	K. Vinaykumar	"	KV	KV	KV	KV	KV	KV
37	Bharani prahalad.	B.com	Bharani	Bharani	Bharani	Bharani	Bharani	Bharani
38	Kaveri	"	Kaveri	Kaveri	Kaveri	Kaveri	Kaveri	Kaveri
39	P Sushma.	"	Sushma	Sushma	Sushma	Sushma	Sushma	Sushma
40	Raju Singh.	"	Raju	Raju	Raju	Raju	Raju	Raju

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01	Soumya	B.Sc	Sou	Sou	Sou	Sou	Sou	Sou
02	Shweta Rajkumar	B.Sc	Shw	Shw	Shw	Shw	Shw	Shw
03	Rishi Devidas	B.Sc	Rishi	Rishi	Rishi	Rishi	Rishi	Rishi
04	Sumitkumar	B.Sc	Sum	Sum		Sum		Sum
05	Arati Chidanand	B.Sc	Arat	Arat	Arat	Arat	Arat	Arat
06	Sandeep Shivaraj	B.Sc	Sand	Sand	Sand	Sand	Sand	Sand
07	Pallavi	B.Sc	Palla	Palla	Palla	Palla	Palla	Palla
08	Ashwini	B.Sc	Ashw	Ashw	Ashw	Ashw	Ashw	Ashw
09	Avan Vajinath	B.Sc	Avan	Avan	Avan	Avan	Avan	Avan
10	Rashika Ramesh	B.Sc	Rash	Rash	Rash	Rash	Rash	Rash
11	Pooja Bajirao	B.Sc	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja
12	Renuka Sangappa	B.Sc	Renu	Renu	Renu	Renu	Renu	Renu
13	Bhavani	B.Sc	Bha	Bha	Bha	Bha	Bha	Bha
14	Mahadev	B.Sc	Maha	Maha	Maha	Maha	Maha	Maha
15	Jyoti Vithal	B.Sc	Jyoti	Jyoti	Jyoti	Jyoti	Jyoti	Jyoti
16	Pratibha	B.Sc	Prati	Prati	Prati	Prati	Prati	Prati
17	Divya Ramesh	B.Sc	Divya	Divya	Divya	Divya		Divya
18	Vinodkumar	B.Sc	Vino	Vino	Vino	Vino	Vino	Vino
19	Supriya	B.Sc	Supri	Supri	Supri	Supri	Supri	Supri
20	Deepika	B.Sc	Deepi	Deepika	Deepika	Deepika	Deepika	Deepika

[Signature]
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S. no	Name of the student	Class	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
21.	Shivani	B.Sc	Shivani	Shivani	Shivani	Shivani	Shivani	Shivani
22.	Lokesh Shivaji	B.Sc	Lokesh	Lokesh	Lokesh	Lokesh	Lokesh	Lokesh
23.	Ambika	B.Sc	Ambika	Ambika	Ambika	Ambika	Ambika	Ambika
24.	Dileep Kamshetty	B.Sc	Dileep	Dileep	Dileep	Dileep	Dileep	Dileep
25.	pooja Nagashetty	B.Sc	Pooja	Pooja	Pooja	Pooja	Pooja	Pooja
26.	Kaveri	B.Sc	Kaveri		Kaveri	Kaveri	Kaveri	Kaveri
27.	Mahesh	B.Sc	Mahesh	Mahesh	Mahesh	Mahesh	Mahesh	Mahesh
28.	Pavitra	B.Sc	Pavitra	Pavitra	Pavitra	Pavitra	Pavitra	Pavitra
29.	Mamita	B.Sc	Mamita	Mamita	Mamita	Mamita	Mamita	Mamita
30.	Vaishali patil	B.Sc	Vaishali	Vaishali		Vaishali	Vaishali	Vaishali
31.	Vinod ERanna	B.Sc	Vinod	Vinod	Vinod	Vinod	Vinod	Vinod
32.	Neha Baswaraj	B.Sc	Neha	Neha	Neha	Neha		Neha
33.	Sujata Shankar	B.Sc	Sujata	Sujata	Sujata	Sujata	Sujata	Sujata
34.	Suhasini	B.Sc	Suhasini	Suhasini	Suhasini	Suhasini	Suhasini	Suhasini
35.	Ravina	B.Sc	Ravina	Ravina	Ravina	Ravina	Ravina	Ravina
36.	Jagadish	B.Sc	Jagadish	Jagadish	Jagadish	Jagadish	Jagadish	Jagadish
37.	Neha	B.Sc	Neha	Neha	Neha	Neha	Neha	Neha
38.	Geeta	B.Sc	Geeta	Geeta	Geeta	Geeta	Geeta	Geeta
39.	Srilaxmi	B.Sc	Srilaxmi	Srilaxmi	Srilaxmi	Srilaxmi	Srilaxmi	Srilaxmi
40.	Saaveesh	B.Sc	Saaveesh		Saaveesh	Saaveesh	Saaveesh	
41.	Priyanka	B.Sc	Priyanka	Priyanka	Priyanka	Priyanka	Priyanka	Priyanka
42.	Praveen	B.Sc	Praveen	Praveen	Praveen	Praveen	Praveen	Praveen

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Physical Director
KASCC, BIDAR



Principal
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KARNATAK ARTS, SCIENCE & COMMERCE COLLEGE, BIDAR

Estd 1970

(Affiliated to Gulbarga University, Kalaburagi)

College with Potential for Excellence Status Awarded by UGC New Delhi

ISO 9001 : 2015



Golden Jubilee Celebration - 1970-2020

Date: 25-06-2017

SPORTS DEPARTMENT

NOTICE

All the students of B.A and B.Com V sem are hereby informed to attend the YOGA training program from **01-08-2017 to 7-08-2017** at Auditorium Karnatak College Campus Bidar. Training session will start at **7:30 am to 8:30 am** and all the students are directed to present before 10 min of the given schedule, without fail.

Physical Director

**Physical Director
KASCC, BIDAR**

Principal

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